

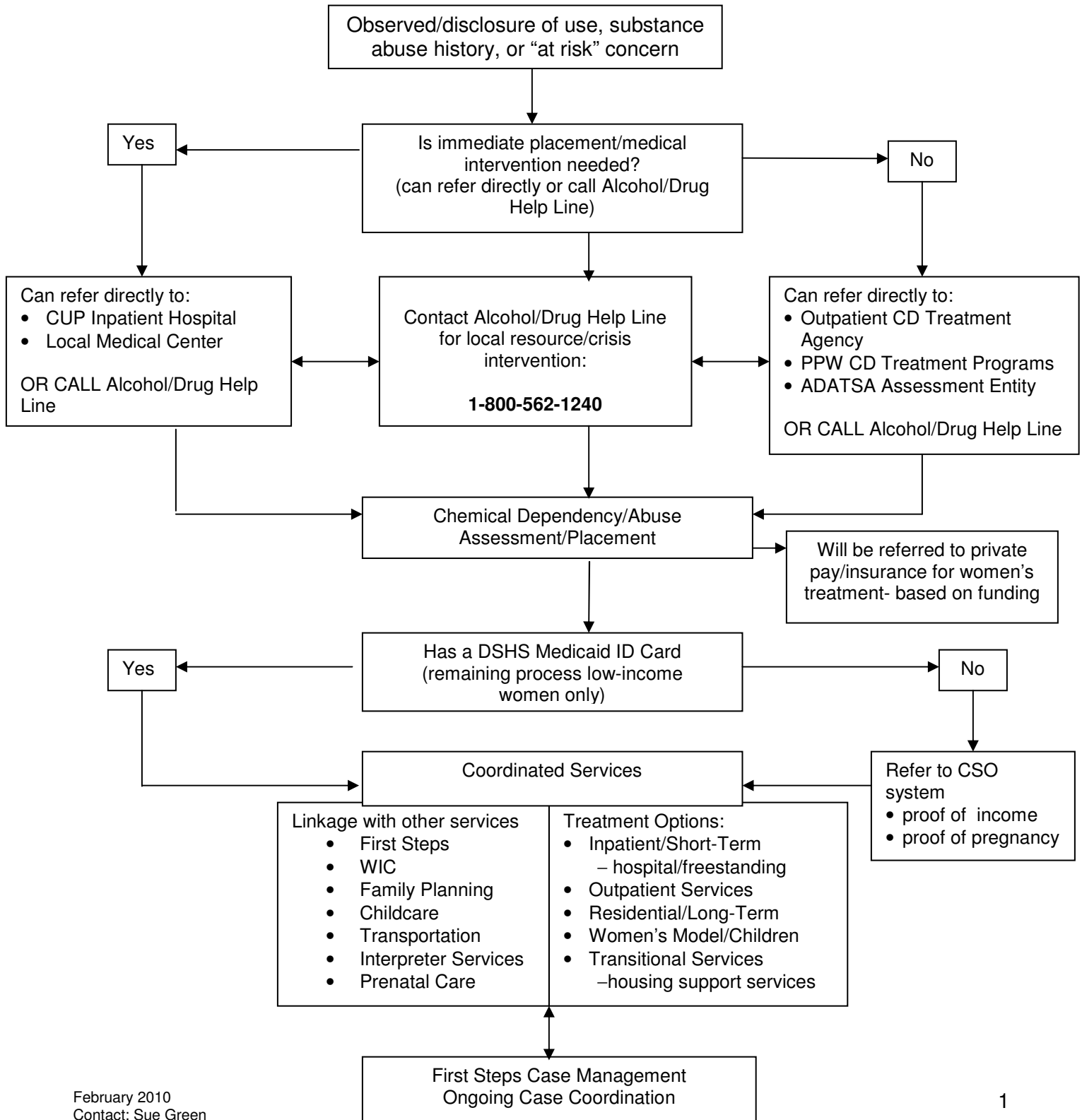
**PREGNANT WOMEN  
CHEMICAL DEPENDENCY/ABUSE  
RESOURCE GUIDE**

**February 2010**

**Washington State**

**Partnership of  
Department of Social & Health Services  
Department of Health**

# PREGNANT WOMEN CHEMICAL DEPENDENCY/ABUSE TREATMENT ACCESS MATRIX



# ***PREGNANT WOMEN CHEMICAL DEPENDENCY/ABUSE TREATMENT ACCESS MATRIX KEY***

**ALCOHOL/DRUG HELP LINE:** Confidential 24 hour statewide telephone service to assist with alcohol/drug related crisis intervention, guidance, information and referrals to community resources. 1-800-562-1240

**CD/WOMEN'S TREATMENT AGENCY:** Chemical dependency treatment services certified by DSHS's Division of Behavioral Health and Recovery (DBHR), listed in DBHR's service directory with focus on Women's Programs. PPW = Pregnant and Parenting Women

**CHEMICAL ABUSE:** A recurring pattern of alcohol or other drug use that substantially impairs a person's functions.

**CHEMICAL DEPENDENCY:** Characterized by reliance on psychoactive chemicals. Chemicals include alcohol, marijuana, stimulants such as cocaine and methamphetamine, heroin or other narcotics. Dependency characteristics include; loss of control over the amount and circumstances of use, symptoms of tolerance, physiologic or psychological withdrawal when use is reduced or stopped, and substantial impairment or endangerment of health, social and economic function.

**CHEMICAL DEPENDENCY/ ABUSE ASSESSMENT (CENTERS):** Diagnostic services to determine a person's involvement with alcohol and other drugs and to recommend a course of action.

**CHEMICAL USE:** Ingestion of psychoactive chemicals or pattern of psychoactive chemical use by any family member. Use patterns are characterized by continued use despite knowledge of having persistent or recurring social, occupational, psychological or physical problems that are caused by use.

**CHILDCARE:** DSHS managed childcare services provided in support of chemical dependency treatment; medical care appointments, foster care, employment, or other approved needs.

**COMMUNITY SERVICE SYSTEM:** Statewide Community Services field offices or access points that provide financial, medical and food assistance to eligible clients. Assist with eligibility for Medical ID cards and referrals to other community programs and resources.

**CUP (Chemical Using Pregnant) PROGRAM:** DSHS inpatient hospital program at pre-approved hospitals statewide, providing acute medical detoxification and stabilization of the pregnant, chemically dependent woman and her fetus, as well as drug/alcohol treatment services.

**DETOXIFICATION:** Care and treatment in a residential or hospital setting of persons intoxicated or incapacitated by alcohol or other drugs during the period in which the person is recovering from the transitory effects of intoxication or withdrawal. Acute detox provides medical care and physician supervision, sub-acute detox is non-medical.

**FAMILY PLANNING:** Family Planning and reproductive health services and products for eligible clients.

**FIRST STEPS/MATERNITY SUPPORT SERVICES (MSS) AND INFANT CASE MANAGEMENT (ICM):** Community based staff certified by DSHS as a First Steps Provider agency. Pregnant chemically dependent women have higher risk for poor birth outcomes and drug-affected infants. Any history or risk of chemical dependency in the household qualifies Medicaid eligible pregnant women for services. The focus is on delivering health messages, facilitating positive birth and parenting outcomes, interventions, linkages and coordination among all providers.

**INTENSIVE INPATIENT TREATMENT:** Residential inpatient primary alcohol/drug treatment program in a non-medical facility (freestanding) for average of 28 days. Consist of therapy, education, and activities for detoxified alcoholics and addicts, and their families.

**MEDICAID ID CARD:** Medical Assistance ID Cards are the forms DSHS uses to identify clients of medical programs. Eligible clients receive a Medical ID Card each month they are eligible and they are also referred to as medical coupons.

**OUTPATIENT SERVICES:** Individual and group treatment services of varied duration and intensity for chemical dependent patients less than 24 hours a day in a non residential setting.

**RESIDENTIAL/LONG TERM WOMEN'S MODEL:** Chemical dependency residential treatment program with personal care services for chronic need of long term services over 90 days. Gender specific women's programs offer the capacity to have children reside with parent, and focus on women's personal issues needed to maintain abstinence, independence, & health.

**WIC:** Women, Infants & Children's Supplemental Food Program provides food vouchers and education to pregnant low-income women and children up to age five.

**1 in 10 Pregnant Women Use Drugs During Pregnancy**

# **PREGNANT WOMEN CHEMICAL DEPENDENCY/ABUSE TREATMENT RESOURCE GUIDE**

## **PHONE NUMBERS FOR INFORMATION & PROVIDERS**

### **Department of Social & Health Services (DSHS)**

#### **Medical Assistance (MA)**

- Family Planning/TAKE CHARGE Hotline 1-800-770-4334
- Emergency Contraception Line 1-888-668-2528
- First Steps (Healthy Mothers, Healthy Babies) 1-800-322-2588
- MAA Customer Service 1-800-562-3022
- Medical Transportation Broker 1-800-624-4793
- Provider Inquiry 1-800-562-6188

#### **Division of Behavioral Health and Recovery (DBHR)**

- Alcohol/Drug Help Line 1-800-562-1240
- Washington State Alcohol/Drug Clearinghouse  
(green book requests) 1-800-662-9111
- DBHR Main Line 1-877-301-4557

#### **Division of Children and Family Services (DCFS)**

- Child or Adult Abuse & Neglect Report 1-866-363-4276
- Children's Services (DCFS) 1-800-562-5624
- Child Care Resource & Referral 1-800-446-1114
- Children's Response Line 1-800-333-8185

#### **Mental Health Division (MHD)**

- Mental Health Division 1-888-713-6010

### **Other Agencies or Resources**

- Department of Health (DOH) Hotline 1-800-525-0127
- Domestic Violence Hotline 1-800-562-6025
- FAS Family Resource Institute 1-800-999-3429
- NOFAS Washington 206-940-2832
- National Drug Information, Treatment & Referral Line 1-800-662-HELP  
24 Hr. 7 days a week – counsel for physicians,  
providers, clients, general calls with linkage  
to local contacts
- For Spanish-speaking callers 1-800-66-AYUDA
- Washington State Alcohol/Drug Clearinghouse 1-800-662-9111

# PREGNANT WOMEN CHEMICAL DEPENDENCY/ABUSE TREATMENT RESOURCE GUIDE

## WEB BASED RESOURCES & INFORMATION

These sites offer linkages that address chemical dependency/abuse issues of pregnant women, including provider contacts. The most current information can be located on the following web sites.

### Access Washington

- Communities Resource Directory

<http://access.wa.gov>

### Department of Health (DOH)

- Perinatal Substance Abuse Professional Education –Screening Guidelines

<http://www.doh.wa.gov>

### Department of Social & Health Services (DSHS)

- No Wrong Door
- Community Services Office (CSO) Locator
  - Online CSO Locator
  - Online Application
  - Eligibility EA-Z Manual & Acronyms
- DSHS Forms Online
- First Steps Database
- Medical Assistance (MA)
  - Family Planning
  - First Steps
  - Interpreter Services
  - Medical Providers
  - Transportation
  - Eligibility for Medical Programs
- Division of Behavioral Health and Recovery (DBHR)
- Division of Children and Family Services (DFCS)

<http://www.dshs.wa.gov/basicneeds/da2is.html>

<https://fortress.wa.gov/dshs/f2ws03esaapps/onlinecso/findservice.asp>

<http://www1.dshs.wa.gov/esa/EAZManual/>

<http://www1.dshs.wa.gov/esa/EAZManual/>

<http://www1.dshs.wa.gov/msa/forms/>

<http://www1.dshs.wa.gov/rda/default.shtm>

<http://fortress.wa.gov/dshs/maa/index.html>

<http://maa.dshs.wa.gov/familyplan>

<http://maa.dshs.wa.gov/firststeps>

<http://fortress.wa.gov/dshs/maa/InterpreterServices/>

<https://fortress.wa.gov/dshs/ipndweb/>

<http://fortress.wa.gov/dshs/maa/Transportation/index.html>

<http://fortress.wa.gov/dshs/maa/Eligibility/Index.html>

<http://www.dshs.wa.gov/DASA/>

<http://ca.dshs.wa.gov/intranet/main/camain.asp>

### Fetal Alcohol Syndrome (FAS) Prevention and Education

- FAS Family Resource Institute
- NOFAS Washington
- Washington State Alcohol/Drug Clearinghouse
- U.S Department of Health and Human Services/Administration for Children and Families/Children's Bureau Express
- FASD Center for Excellence
- FASD Washington

<http://www.fetalalcoholsyndrome.org>

<http://www.nofaswa.org/>

<http://clearinghouse.adhl.org/>

<http://cbexpress.acf.hhs.gov/>

<http://www.fascenter.samhsa.gov/>

<http://www.fasdwa.org>

### National Women's Health Information Center for Drug Abuse/Mental Health

- Offers professional medical information, treatment, research, resources specific to women's chemical dependency/abuse

[http://www.thebody.com/nwhic/drug\\_abuse.html](http://www.thebody.com/nwhic/drug_abuse.html)

### Washington State Women's Coalition on Substance Abuse Issues

- Women's substance abuse issues in WA State <http://www.wscwsai.org/>

# **PREGNANT WOMEN CHEMICAL DEPENDENCY/ABUSE TREATMENT RESOURCE GUIDE**

## **Pregnant and Parenting Women (PPW) Residential Providers**

**Evergreen Manor**: Unit 1  
(Everett)  
(425) 258-2407

**Triumph Treatment Services**: Casita del Rio  
(Kennewick)  
(509) 248-1800

**Evergreen Manor**: Unit 2  
(Everett)  
(425) 258-2407

**Triumph Treatment Services**: Riel House  
(Yakima)  
(509) 248-1800

**Perinatal Treatment Services** - Pierce  
(Tacoma)  
(253) 471-2782

**Perinatal Treatment Services** - King  
(Seattle)  
(206) 223-1300

**Genesis House**  
(Seattle)  
(206) 328-0881

**Drug Abuse Prevention Center**  
(Longview)  
(360) 425-9210

**Sundown M Ranch**  
(Selah)  
(509) 457-0990

**New Horizon Care Centers: Isabella House**  
(Spokane)  
(509) 624-1244

# **PREGNANT WOMEN CHEMICAL DEPENDENCY/ABUSE TREATMENT RESOURCE GUIDE**

## **PPW Housing Support Services Providers**

**Evergreen Manor**  
**(Everett)**  
(425) 258-2407

**Triumph Treatment Services**: Casita del Rio  
**(Kennewick)**  
(509) 248-1800

**Agape**  
**(Bremerton)**  
(360) 373-1529

**Triumph Treatment Services**: Sage House  
**(Yakima)**  
(509) 248-1800

**New Horizon Care Centers**  
**(Spokane)**  
(509) 624-1244

**Triumph Treatment Services**: Parkway Place  
**(Yakima)**  
(509) 248-1800

**Recovery Centers of King County**  
**(Seattle)**  
(206) 568-8231

**Catholic Community Services**  
**(Everett)**  
(425) 258-5277

**Action Associations: Another Chance for Women**  
**(Tacoma)**  
(253) 572-8170

**Drug Abuse Prevention Center**  
**(Longview)**  
(360) 425-9210

**Brigid Collins House**  
**(Bellingham)**  
(360) 734-4616

# **PREGNANT WOMEN CHEMICAL DEPENDENCY/ABUSE TREATMENT RESOURCE GUIDE**

## **Chemical Using Pregnant (CUP) Providers**

The CUP Women's program is an inpatient, up to 26 day, hospital-based program for Medicaid eligible women. Services include immediate access to care, acute and sub-acute medical detoxification, and stabilization for the pregnant mother and her fetus, and related chemical dependency treatment services and referral.

### **Grays Harbor Community Hospital/Eastcenter Recovery Alcohol and Drug Unit**

(360) 533-8500

Grays Harbor County

### **Swedish Medical Center/Ballard Community Hospital Addiction Recovery Services**

(206) 781-6350

King County

### **Providence General Medical Center/Providence Recovery Program - Behavioral Health Services**

(425) 258-7390

Snohomish County

### **Valley General Hospital/Behavioral Health Services**

(360) 794-1405

Snohomish County

### **St. Peter Hospital/St. Peter Chemical Dependency Center**

(360) 456-7575

Thurston County



# **PREGNANT WOMEN CHEMICAL DEPENDENCY/ABUSE TREATMENT RESOURCE GUIDE**

## **Parent Child Assistance Program (PCAP)**

PCAP is paraprofessional advocacy for high-risk mothers abusing alcohol and/or drugs during pregnancy, and follows these families for three years.

**King County**  
(206) 323-9136

**Grant County**  
(509) 765-5402

**Pierce County**  
(253) 475-0623

**Yakima County**  
(509) 248-1800

**Spokane County**  
(509) 838-6092

**Cowlitz County**  
(360) 425-9210

**Skagit County**  
(360) 428-7835

**Spokane Tribe of Indians**  
(509) 258-7502

**Clallam County**  
(360) 457-8355

**Kitsap County**  
(360) 373-1529

## **Safe Babies Safe Moms (SBSM)**

SBSM is a comprehensive program for Medicaid eligible substance abusing pregnant and parenting women with children under the age of three. Services offered include residential chemical dependency treatment with therapeutic childcare, housing support services, and targeted intensive case management (TICM) services. TICM includes intensive case management, behavioral health related services, child development screening, assessment and referral, and parenting education. Eligible women/children may receive TICM services until the child's third birthday.

### **TICM Contacts:**

**Snohomish County**  
(425) 259-7142

**Benton-Franklin Counties**  
(509) 582-0834

**Whatcom County**  
(360) 734-4616